

Young Leader

The Young Leader Award aims to give learners the skills and knowledge to be able to assist in leading their own games and activities as part of uniformed organisation, community club or sports club sessions, or even at home.

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What is the Young Leader Award?

The Young Leader Award is a great introduction into leadership giving learners knowledge of how to organise and lead small games and activities that can be used as part of uniformed organisation, community club or sports club sessions.

The Young Leader Award aims to help learners develop leadership skills such as organisation, communication and teamwork, as well as helping to build confidence and self-esteem as they take on the responsibility of leading their peers and younger children.

Who is the Young Leader Award for?

It is recommended that the Young Leader Award is best suited for learners in uniformed groups, sports or community clubs either at upper primary school/ lower secondary school age or learning standard. The Young Leader Award is designed in a way so that learners can participate and learn about key leadership skills.



How is the Young Leader Award delivered?

Sports Leaders UK suggest approximately 6-10 hours for delivery of this Award. The length of the course will depend on your learners' ability and the time you have available. You could deliver it either as part of the normal programme, session, as dedicated Young Leader Award sessions, or as a one day course. The online Tutor Resource supports tutors whichever delivery method you choose.

How much does the Young Leader Award cost?

For further information and current learner registration fees visit sportsleaders.org.

The fees include certification and access to the online Tutor Resource for the length of your course.

Who can deliver the Young Leader Award?

The Young Leader Award Tutor Resource has been written in a simple, easy to follow format. Each section guides the Tutor through the various activities, main points to highlight, questions to ask and resources to use.

You don't need to be a sports specialist to deliver this Award, but the Tutor should have a keen interest in the development of children through physical activity.

It can be delivered by uniformed organisation volunteers, community centre staff, coaches, sports development teams, Level 2 and 3 Sports Leaders or an Energy Club Leader.

Tutor orientations are available upon request for individuals who require additional guidance on using the Tutor Resource and delivering the content.



Is there any formal assessment?

Learners will all receive a Leadership Journal which they can use to record what they have done during the course; what they have learnt, what they have enjoyed and what they found most challenging. Certificates will be awarded once learners have completed the core elements of the Young Leader Award and have put **FAST PACE** into practice.

Tutors, parents and other adults who may be involved in supporting the learner can also comment in the Leadership Journal.



Visit Sports Leaders UK



What is included in the online Tutor Resource?

The Tutor Resource includes everything you will need including how to administrate, deliver and certificate the Young Leader Award.

Each leadership area (represented by a letter of the mnemonics FAST PACE) is covered in turn and will include:

- An explanation of its importance for a leader,
- Suggested games and activities to highlight specific teaching points,
- Links to relevant resources,
- Suggested questions and expected answers, to reinforce practical learning experiences,
- Linking with the home,
- Activity cards,
- Extension activities,
- A learner card and learner work sheets to aid learners understanding of leadership activities,
- Toolkit games for young Leaders to use and add to,

You will also be able to download a personalised Leadership Journal for every registered learner.

The Leadership Journal allows learners to log their leadership experiences during and after the course.

6 key reasons to deliver the young Leader Award

1

Focus on the eight core areas of leadership Participants, Area, Communication, Equipment, Fun, Activity, Safety and Teamwork.

2

Includes access to comprehensive resources which are easy to use.

3

Leadership challenges give ideas on how Young Leaders can put their basic leadership skills into practice after the course.

4

Links with the home encourages home/club links through the inclusion of home based activities and by asking parents/carers to contribute to learners' Leadership Journals.

5

Additional recognition of achievement through downloadable Bronze, Silver, Gold and Outstanding Achievement certificates.

6

Enables learners to put their new leadership skills into practice at their club.

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